

Sexual Health Visual Presentations

Grade 4 Lesson Plans

For each Ophea lesson plan, a **HPEPH power point presentation** now exists to provide visual and literacy support for students. Each slide includes **educator notes** to reflect the next steps, possible answers and when to provide students handouts etc.

Additional teaching strategies have been embedded into some lessons. Smart notebook files, student and teacher resource sheets have also been included and are linked below.

[Understanding Changes at Puberty*](#)

[Lesson 1 – Personal Hygiene Presentation](#)

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource: Anecdotal Recording Chart*
- [Student Resource 4: Need Advice ... Just Ask!, 2017](#)
- [Smart Notebook File: Hygiene Practices, 2017](#) (To open, right click then “save target as”)

[Lesson 2 - Changes at Puberty Presentation](#)

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource: Anecdotal Recording Chart*
- Teacher Resource 1: Changes during Puberty for People with a Penis*
- Teacher Resource 2: Changes during Puberty for People with a Vagina*
- Student Resource 1: Reading and Analyzing Nonfiction (RAN)*
- Student Resource 2: Exit Card*

Lesson 3 – Physical Changes at Puberty Presentation

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource: Anecdotal Recording Chart*
- Teacher Resource 1: Changes during Puberty for People with a Penis*
- Teacher Resource 2: Changes during Puberty for People with a Vagina*
- Student Resource 3: Exit Card*

Lesson 4 – Sharing Hygiene Habits Presentation

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource 3: Rubric*

* Access to the **11** Ophea Resource Sheets:

- Open the link on the title Understanding Changes at Puberty. Log-in with your personal ophea.net account.
- Under H&PE Curriculum Resources, choose grade 4, open Understanding Changes at Puberty.
- Lastly, choose Unit Resources (PDF) for Student and Teacher Resource sheets and print them.

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