

Sexual Health Visual Presentations

Grade 6 Lesson Plans

For each Ophea lesson plan, a **HPEPH power point presentation** now exists to provide visual and literacy support for students. Each slide includes **educator notes** to reflect the next steps, possible answers and when to provide students handouts etc.

Additional teaching strategies have been embedded into some lessons. Smart notebook files, student and teacher resource sheets have also been included and are linked below.

[Making Healthy Choices in Relationships*](#)

[Lesson 1 – Who Am I? Presentation](#)

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource: Anecdotal Recording Chart*
- Student Resource 1: Self-Concept Exit Card*
- [Smart Notebook File: Who Am I?, 2017](#)

[Lesson 2 – Stereotype Effects Presentation](#)

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource: Anecdotal Recording Chart*
- Student Resource 2: Safe School Community Exit Card*
- [Smart Notebook File: Excluded vs. Included T Chart, 2017](#)
- [Smart Notebook File: Professional Assumptions or Stereotypes, 2017](#)

[Lesson 3 – Building Confidence Presentation](#)

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource: Anecdotal Recording Chart*
- Student Resource 3: Changes at Puberty Exit Chart*
- [Smart Notebook File: Puberty Changes, 2017](#)

Lesson 4 – Healthy Relationships Presentation

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource: Anecdotal Recording Chart*
- [Student Resource 5: Media Relationship Analysis, 2017](#)
- [Smart Notebook File: Comparing Relationship Qualities, 2017](#)

Lesson 5 – Stress and Pressures in Relationships Presentation

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource 1: Rubric*
- Student Resource 4: Role-Play Scenarios*
- [Student Resource 4A: Scenario One Worksheet, 2017](#)
- [Student Resource 4B: Scenario Two Worksheet, 2017](#)
- [Student Resource 4C: Scenario Three Worksheet, 2017](#)
- [Student Resource 4D: Scenario Four Worksheet, 2017](#)
- [Student Resource 4E: Scenario Five Worksheet, 2017](#)

* Access to the 9 Ophea Resource Sheets:

- Open the link on the title Making Healthy Choices in Relationships. Log-in with your personal ophea.net account.
- Under H&PE Curriculum Resources, choose grade 6, open Making Healthy Choices in Relationships.
- Lastly, choose Unit Resources (PDF) for Student and Teacher Resource sheets and print them.

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