

Sexual Health Visual Presentations

Grade 8 Lesson Plans

For each Opeha lesson plan, a **HPEPH power point presentation** now exists to provide visual and literacy support for students. Each slide includes **educator notes** to reflect the next steps, possible answers and when to provide students handouts etc.

Additional teaching strategies have been embedded into some lessons. Smart notebook files, student and teacher resource sheets have also been included and are linked below.

Understanding Healthy Development*

Lesson 1 – Developing a Positive Self-Concept Presentation

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource: Anecdotal Recording Chart*
- [Student Resource 13: Self-Concept Definitions, 2017](#)
- [Smart Notebook File: Empathy Building Activity, 2017](#)

Lesson 2 – Making Informed Decisions about Sexual Health Presentation

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource: Anecdotal Recording Chart*
- [Teacher Resource 4: Pros & Cons Signs, 2017](#)
- Student Resource 1: Dear Grade 8*
- [Student Resource 1A: Dear Grade 8, 2017](#)
- Student Resource 2: Exit Card*
- [Student Resource 12: My Most Important Factors, 2017](#)

Lesson 3 – Choices around Safer Sexual Health Presentation

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource Anecdotal Recording Chart*
- [Teacher Resource 3: Role Play Instructions, 2017](#)
- [Teacher Resource 5: Agree, Disagree Signs, 2017](#)
- Student Resource 3: STI and Pregnancy Prevention Method*
- Student Resource 4: STI and Pregnancy Prevention*
- [Student Resource 9A: Role Play Script, 2017](#)
- [Student Resource 9B: Role Play Script, 2017](#)
- [Student Resource 10: Role Play Feedback Tool, 2017](#)
- [Student Resource 11: Birth Control Chart, 2017](#)

Lesson 4 – Sexual Health and Safety Presentation

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource: Anecdotal Recording Chart*
- Teacher Resource 1: Index Card Prompts*
- [Teacher Resource 6: Intimacy Cards, 2017](#)
- [Teacher Resource 7: What is Sexual Consent Cards, 2017](#)
- Student Resource 5: How to Be Your Own Person*
- Student Resource 6: Lesson Reflection Exit Card*
- [Student Resource 7: Scenario Response Worksheet, 2017](#)
- [Student Resource 7B: Personal Scenario Response, 2017](#)
- [Student Resource 14: Thinking About Risk, 2017](#)
- [Smart Notebook File: What is Sexual Consent Responses, 2017](#)

Lesson 5 – Factors that Contribute to Healthy Development Presentation

- [Teacher Resource: Power Point Notes Pages](#)
- Teacher Resource 2: Rubric*
- [Student Resource 11: Campaign Evaluation, 2017](#)

* Access to the **12** Ophea Resource Sheets:

- Open the link on the title Understanding Healthy Development. Log-in with your personal ophea.net account.
- Under H&PE Curriculum Resources, choose grade 8, open Understanding Healthy Development.
- Lastly, choose Unit Resources (PDF) for Student and Teacher Resource sheets and print them.

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