

Hastings County

Healthy Local Food Policy Readiness

Who Completed the Survey?

Residents (n=258)

74% female; 26% male

67% > age of 50

23% aged 30-49

11% aged 18 - 29

Stakeholders (n=73)

Representing:

- Municipal
- Social services
- Health
- Sports & recreation
- Education
- Economic development
- Agriculture
- Transportation
- Other

In the fall of 2013, the Hastings & Prince Edward Counties Healthy Communities Partnership conducted a situational assessment on healthy eating and active living. The following is a brief summary of findings for Hastings County.

Access to Local Food

- ◆ 93% of residents agreed and 92% of stakeholders rated it as important for the county to help farmers sell their food at a wider range of locations such as farmers' markets.
- ◆ 89% of residents agreed and 83% of stakeholders rated it as important for the county to encourage and allow more produce stands along the sides of their rural roads.
- ◆ 85% of residents agreed and 94% of stakeholders rated it as important for the county to make a plan to help get food from local farms to local people.

Food Skills & Gardening

- ◆ 82% of residents agreed and 80% of stakeholders rated it as important for the county to develop community gardens.

Transit & Fresh Food

- ◆ 81% of residents agreed and 89% of stakeholders rated it as important for the county to help provide places to buy fresh food along public transit routes.

74% of residents agreed they would be more likely to vote for a municipal candidate if they support improving access to healthy local food.

Funding for this project was provided by the Government of Ontario.

Focus Areas for Policy Development

Most Supported

Municipal policies that increase the number of healthy food sources



Municipal policies that govern municipal actions related to food



Least Supported

Municipal policies that limit the development of unhealthy food sources

