

Hastings County

Recreation Policy Readiness

In the fall of 2013, the Hastings & Prince Edward Counties Healthy Communities Partnership conducted a situational assessment on healthy eating and active living. The following is a brief summary of findings for Hastings County.

Who Completed the Survey?

Residents (n=258)

74% female; 26% male

67% > age of 50

23% aged 30-49

11% aged 18 - 29

Stakeholders (n=73)

Representing:

- Municipal
- Social services
- Health
- Sports & recreation
- Education
- Economic development
- Agriculture
- Transportation
- Other

Facilities

- ◆ 91% of residents agreed and 95% of stakeholders rated it as important for the county to work with school boards to allow people to use school gyms or fields for sports and recreation.

Programs

- ◆ 91% of residents agreed and 98% of stakeholders rated it as important for the county to develop a plan to have more low-cost recreational programs so residents can be more active.
- ◆ 91% of residents agreed and 88% of stakeholders rated it as important for the county to create recreation programs for people over the age of 65.

Outdoor Recreation

- ◆ 85% of residents agreed and 97% of stakeholders rated it as important for the county to put money towards developing parks and recreational spaces so people can be active outdoors.
- ◆ 83% of residents agreed and 88% of stakeholders rated it as important for the county to develop a plan to build parks, trails and natural areas so residents can have more active outdoor opportunities.

Neighbourhoods

- ◆ 85% of residents agreed and 87% of stakeholders rated it as important for the county to develop outdoor recreational spaces within or near new housing developments.

Funding for this project was provided by the Government of Ontario.

Focus Areas for Policy Development

Most Supported

Municipal policies that increase opportunities for recreation



Least Supported

Municipal policies that govern municipal actions related to recreation

