

# Prince Edward County Recreation Policy Readiness

In the fall of 2013, the Hastings & Prince Edward Counties Healthy Communities Partnership conducted a situational assessment on healthy eating and active living. The following is a brief summary of findings for Prince Edward County.

## Who Completed the Survey?

### Residents (n=97)

69% female; 31% male

73% > age of 50

25% aged 30 - 49

2% aged 18 - 29

### Stakeholders (n=15)

Representing:

- Municipal
- Social services
- Health
- Sports & recreation
- Education
- Agriculture
- Transportation
- Other

## Facilities

- ◆ 90% of residents agreed and 85% of stakeholders rated it as important for the county to work with school boards to allow people to use school gyms or fields for sports and recreation.

## Programs

- ◆ 88% of residents agreed and 77% of stakeholders rated it as important for the county to develop a plan to have more low-cost recreational programs so residents can be more active.
- ◆ 80% of residents agreed and 77% of stakeholders rated it as important for the county to create recreation programs for people over the age of 65.

## Outdoor Recreation

- ◆ 86% of residents agreed and 69% of stakeholders rated it as important for the county to develop a plan to build parks, trails and natural areas so residents can have more active outdoor opportunities.

## Neighbourhoods

- ◆ 85% of residents agreed and 85% of stakeholders rated it as important for the county to develop outdoor recreational spaces within or near new housing developments.

Funding for this project was provided by the Government of Ontario.

## Focus Areas for Policy Development

### Most Supported

Municipal policies that  
increase opportunities for  
recreation



### Least Supported

Municipal policies that  
govern municipal actions  
related to recreation

