

Share the Road

hpepublichealth.ca

CYCLISTS

Riding in traffic can be challenging, but it's safe when you follow the rules of the road.

Cyclists are required to go with the direction of traffic. This means riding on the right side of the road.

Behaving like a car makes you predictable.

Follow the rules of the road.



- Change and merge lanes as needed.
- Obey signage.
- Look around and signal before you act.

USE THESE SIGNALS

In most municipalities* only children are allowed to ride on the sidewalk.

* Check your local bylaw.

Ride up to 1 metre (3 feet) from the curb.

Helmets save lives and are required by law for those under 18.

Use lights, reflectors and a bell. Wear bright clothing.

SEE | BE SEEN | BE PREDICTABLE



HASTINGS PRINCE EDWARD
Public Health