Complete and Sustainable Communities Make it Easy for People to Walk, Bike, and Roll

Active transportation systems improve the health of the community when they include:



COMPLETE BICYCLE AND PEDESTRIAN NETWORKS

- Seamless connections to major destinations, including residential, school and commercial areas
- Paved shoulders on rural roads
- Build sidewalks on all streets

INTEGRATED MUNICIPAL POLICIES AND PLANS

- ises
- Increased density and mix of land uses
- Beautiful street and neighbourhood design
- Complete Streets Policy to guide street design for all road users



POLICIES AND INFRASTRUCTURE THAT PREVENT AND REDUCE THE SEVERITY OF COLLISIONS BETWEEN PEOPLE AND CARS

- Reduce traffic speed to 30 km/h on residential and 40 km/h on collector roads
- Separate travel modes on high volume streets and complex intersections

MULTIPLE APPROACHES TO CHANGE TRANSPORTATION BEHAVIOUR



- Build a culture of cycling and walking with community-wide events
 - Educate all road users on legislated responsibilities
 - Increase access to safe cycling skills training



INCREASED CAPACITY AND COLLABORATION FOR PLANNING & EVALUATION

- Collect and use local data to make decisions
- Municipalities work with police, public health, schools, and workplaces to promote active transportation and road safety
- Become a designated Bike and Walk Friendly Community
- Develop local expertise in active transportation planning

