Share the Road hpePublicHealth.ca

CYCLISTS

Ride safe by following rules of the road.

Cyclists are required to go with the direction of traffic. This means riding on the right side of the road.

Use these signals	Obey signage. Look around and signal before you act.
Wear bright clothing. Use lights, reflectors and a bell. BE SEEN.	Ride up to 1 metre (3 feet) from the curb.
Helmets save lives and are required by law for those under 18.	#ShareTheRoadHPE

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Share the Road

MOTORISTS

Bicycles belong on the road by law. Learn how to Share the Road and avoid collisions.

Cyclists are slow-moving vehicles, and are expected to follow the same rules of the road as motor vehicles.

Cyclists can take up as much of the lane as they need. Follow behind until it is safe to change lanes and pass on the left.

Signaling helps cyclists to know where your vehicle is heading.

Shoulder check before turning right

Leave 1 metre (3 feet) to pass.

Always signal before turning or changing lanes.

When parked on the road, check mirrors before swinging open car doors!

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