



## Sample Caregiver Survey

A healthy school environment is important for everyone. A Healthy Schools approach focuses on health issues specific to the needs and concerns of the school community. We are asking caregivers, staff, and students to provide input to help us create a healthy school.

Please complete the questions below and return the survey to the Healthy Schools Action Team by:

\_\_\_\_\_  
(Date)

**1. What current school activities make your children feel good and healthy at school?**

**2. What would you like to see at our school to help your children feel healthier?**

**3. How can we make this happen?**

**4. As a caregiver, what issues are important to you for your children? Please check all boxes that apply; *then place a star next to the three most important issues.***

- |  |  |
|--|--|
| <input type="checkbox"/> Mental health         | <input type="checkbox"/> Healthy relationships                           |
| <input type="checkbox"/> Physical activity     | <input type="checkbox"/> Human development and sexual health             |
| <input type="checkbox"/> Violence and bullying | <input type="checkbox"/> Substance use (i.e. cannabis, alcohol, tobacco) |
| <input type="checkbox"/> Healthy eating        | <input type="checkbox"/> Other:  |

**5. What is your vision for a healthy school?**

**Are you interested in being part of the Healthy Schools Action Team? If yes, please complete the information below. I am interested in being part of a:**

- ☐ Committee    ☐ Project    ☐ Event    ☐ Other

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

**Thank you for helping our school to become a healthier place for children to learn.**

If you have any questions or comments, please speak with \_\_\_\_\_  
(Name of Champion)