



Action Plan

Purpose

The purpose of this Action Plan is to outline the intervention(s) that will be implemented in the school over the school year.

School Profile

School Name: Click or tap here to enter text.

Administrator: Click or tap here to enter text.

Contact Info: Click or tap here to enter text.

Healthy Schools Champion: Click or tap here to enter text.

Contact Info: Click or tap here to enter text.

Public Health Staff: Click or tap here to enter text.

Contact Info: Click or tap here to enter text.

Other Support Staff: Click or tap here to enter text.

Contact Info: Click or tap here to enter text.

Healthy Schools Action Team Members

Staff: Click or tap here to enter text.

Students: Click or tap here to enter text.

Caregivers: Click or tap here to enter text.

Administrators: Click or tap here to enter text.

Community Members: Click or tap here to enter text.

Activity

Priority Topic:
Goal (SMART):

Activity (name and description):

Foundations for a Healthy School:	Target Audience:	Facilitator(s):	Resources:	Time Frame:
<input type="checkbox"/> Curriculum, Teaching and Learning <input type="checkbox"/> School and Classroom Leadership <input type="checkbox"/> Student Engagement <input type="checkbox"/> Social Environment <input type="checkbox"/> Physical Environment <input type="checkbox"/> Home, School, and Community Partnerships	<input type="checkbox"/> Grade: _____ <input type="checkbox"/> Whole School <input type="checkbox"/> Youth <input type="checkbox"/> Caregivers <input type="checkbox"/> Educators <input type="checkbox"/> Priority Population: _____			

(Copy and paste table for each activity)

Communication

How will you communicate the Action Plan to the school community?

Celebration

How will you celebrate the work once it has been completed?

User Guide

Foundations for a Healthy School	Definition
Curriculum, Teaching, and Learning	Curriculum, teaching, and learning is an area that offers a wide range of opportunities for students to learn, practice, and promote positive and healthy behaviours, and to practice leading healthy, active lives. (i.e. in-class programs that can be facilitated by the teacher or through team teaching)
School and Classroom Leadership	School and classroom leadership focuses on creating a positive classroom and school environment by identifying shared goals and priorities that are responsive to the needs of the school community. (i.e. training for educators or policy development with school administrators)
Student Engagement	Student engagement refers to the extent to which students identify with and value their learning; feel a sense of belonging at school; and are informed about, engaged with, and empowered to participate in and lead academic and non-academic activities. (i.e. school-wide events or campaigns organized by students for students)
Social and Physical Environments	Healthy, safe, and caring social and physical environments support learning and contribute to the positive cognitive, emotional, social, and physical development of students. (i.e. healthy cafeterias, creating a garden, active transportation program, active hallways, positive relationships between school staff and students)
Home, School and Community Partnerships	Home, school, and community partnerships engage caregivers, extended family, school staff, child care staff, and family support programs and community groups in a mutually beneficial way to support, enhance, and promote opportunities for learning and well-being. (i.e. health literacy programs for caregivers, attending school events, attending municipal council meetings)
Ministry of Education. (2014). Foundations for a Healthy School. Retrieved from http://www.edu.gov.on.ca/eng/healthyschools/resourceF4HS.pdf	

Target Audience	Definition
Grades	Kindergarten to Grade 12
Whole School	School Campaigns that are designed for all students
Youth	12 to 19 years of age
Caregiver	The term “caregiver” refers to parents, guardians, and family members of school-aged children
Educators	Individuals who work in elementary or secondary schools and teach students
Priority Populations	A group at risk of poor health outcomes that would benefit from additional public health support

Facilitators	HPEPH Staff
	Educators
	Students
	School Board Staff
	External Facilitators
	Parents

Resources	Cost
	Information Handouts
	Teaching Guides
	Refreshments
	Office Supplies (i.e. paper, pens)
	Presentation (i.e. power point, banner)
	Electronic (i.e. computer, projector)
	Program Guides/Instructions
	Lesson Plans