



COVID-19 Policies: What Residents Can Expect in their Long-Term Care Home

(As of March 31, 2023)



All residents will continue to*...

- Spend time with visitors and caregivers without wearing masks in your room (if you are not sharing a room) or in a space designated by the home
- Enjoy the company of visitors, indoors or outdoors, consistent with your home's visitor and/or vaccination policies
- Participate in group social activities, including games, clubs and exercises
- Have meals in the dining room, including buffet and family-style meals
- Leave the home for all types of absences, including social day and overnight absences, and not have to be actively screened, tested or quarantined upon return to the home**

*Unless otherwise directed by the local public health unit, during outbreaks in the home or when isolating

** Unless you have symptoms of COVID-19

What measures are in place to make my long-term care home safe?

- Everyone must screen for symptoms of or exposure to COVID-19*
- Residents will be monitored daily for infection, but daily temperature checks are no longer required.
- All staff, students, support workers and volunteers are required to wear masks and applicable personal protective equipment when interacting with residents.
- All caregivers and general visitors are required to wear a mask when in common or shared spaces of the home, and are recommended to wear a mask in a resident's room.
- Infection prevention and control measures continue to be followed, including hand washing and enhanced cleaning.

*Individual homes may have their own additional policies for screening and testing requirements

What if my home is in outbreak?

Residents can expect the following if the area of the home they live in is in outbreak*:

- Group activities, dining and social gatherings can continue in non-outbreak areas if residents are able to follow public health measures.
- For outbreak areas of a home, residents will be cohorted in small groups for all essential activities. Group activities for cohorts may continue/resume if operationally feasible.
- Communal dining, non-essential activities and personal care services may be suspended or modified.
- Caregivers can still visit.

*Unless otherwise directed by the local public health unit



COVID-19 Safety Measures for Absences

(As of March 31, 2023)

Whenever outside of their long-term care home, residents should do their best to:

- Wear a mask (as tolerated)
- Wash hands frequently

What happens when I return home?

When residents return from a day or overnight absence they will:

- Are required to test and isolate only if they have symptoms of COVID-19

What if I come into contact with someone with COVID-19?

Residents regardless of COVID-19 vaccination status:

- Monitor for symptoms, but no longer need to isolate unless they develop symptoms or their roommate has COVID-19
- For residents whose roommate has COVID-19, they must isolate until a negative result is obtained from the day five PCR test. Residents with symptoms or who test positive for COVID-19 must isolate for 10 days
- All residents are still permitted to see their caregivers while in isolation