
South East Health Unit

formerly



BOARD OF HEALTH MEETING

INFORMATION ITEMS

Wednesday, March 26, 2025

Hastings Prince Edward Public Health
179 North Park St.
Belleville, Ontario K8P 4P1
613-966-5500 | 1-800-267-2803
Fax: 613-966-9418

**Kingston, Frontenac and Lennox
& Addington Public Health**
221 Portsmouth Ave.
Kingston, Ontario K7M 1V5
613-549-1232 | 1-800-267-7875
Fax: 613-549-7896

**Leeds, Grenville & Lanark
District Health Unit**
458 Laurier Blvd.
Brockville, Ontario K6V 7A3
613-345-5685 | 1-800-660-5853
Fax: 613-345-2879

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Listing of Information Items Board of Health Meeting – March 26, 2025

1. Association of Local Public Health Agencies - March 2025 InfoBreak
2. Association of Local Public Health Agencies – Board of Health Section Elections
Information at meeting to be held on May 6, 2025. Deadline to register is April 17.

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March 17, 2025



March 2025 InfoBreak

This update is a tool to keep alPHA's Members apprised of the latest news in public health including provincial announcements, legislation, alPHA activities, correspondence, and events. Visit us at alphaweb.org.

Leader to Leader - A message from alPHA's Chair - March 2025



"Leadership is the capacity to translate vision into reality."

Hello alPHA Members!

Reflecting on the resounding success of the alPHA 2025 Winter Symposium, Section Meetings and Workshops, and its record attendance, one might think that it would be

difficult to top. Well, alPHa will be doing just that at the 2025 Annual General Meeting (AGM) and Conference. alPHa Members can look forward to engaging face-to-face in Toronto from June 18 – 20. This is where we will continue the important conversation on the critical role of public health in Ontario. [The 2025 AGM and Conference Notice and Calls package](#) was recently distributed to all alPHa Members, so be sure to check it out.

It all kicks off with a mobile workshop and an opening reception that are taking place the afternoon of Wednesday, June 18. The AGM and Conference are on Thursday, June 19, with the half-day Section Meetings on the morning of Friday, June 20. Stay tuned for the registration, which will open in mid-April, along with the details of the exciting line up of guest speakers, presentations, and informative updates.

The Pantages Hotel, located at 200 Victoria Street in Toronto, has a unique downtown location. It is situated across from the Eaton Centre and Massey Hall. A block of rooms is available, and you are encouraged to book early. However, if the block sells out, rest assured that there are other hotels within walking distance of the conference. Further accommodation information can be found on the alPHa website.

There will be a few changes to the AGM this year due to 'The Association of Local Public Health Agencies (Ontario) General Operating By-Law No. 2', updated policies and procedures which align to the legislated compliance with the Ontario Not-For-Profit Corporations Act which came into effect in October 2024. The most significant change pertains to the Boards of Health election of regional representatives who will serve on the alPHa Board of Directors, and as the BOH Section Executive Committee. The BOH Section elections must take place prior to the AGM. All Board of Health members are encouraged to participate in the Section elections meeting taking place on May 6, 2025. Advance registration is required. Details are in the Notice of the alPHa 2025 AGM and Conference Calls package.

An important component of the AGM is the Resolutions session. The adoption of Resolutions for positions, coupled with the standing Resolutions and guided by the alPHa Strategic Plan, pave a clear path forward for the elected alPHa Board of Directors and the Association. Due to ONCA, the deadline is set at Friday, April 18 to submit

Resolutions that request amendments to the By-Law. (Note: This is a holiday, and submissions will be accepted until Tuesday, April 22.) Monday, May 5 is the deadline for Resolutions that do not request amendments to the By-Law. Resolutions received after may still be considered under the criteria for 'Late Resolutions'. Members are strongly encouraged to submit on time.

Would you like to recognize an alPHa member in your stakeholder group who has made outstanding contributions to public health in Ontario? The alPHa Distinguished Service Awards (DSA) would be an excellent way for such recognition. DSAs are awarded annually to active alPHa member representatives who are in good standing. A maximum of one for the BOH Section, one for the COMOH Section, and one in each of the seven public health affiliate associations may be submitted. Completed nomination packages will be accepted until Friday, April 18.

Coming up quickly on March 26 in-person and on April 2 on-line, is The Ontario Public Health Convention (TOPHC) 'Insight to Impact: Leveraging evidence & collective expertise to advance public health practice'. alPHa is pleased to be a sponsor for TOPHC, and I will be delivering opening remarks at the in-person event on March 26. Perhaps I will see you at TOPHC 2025 in March? If so, I look forward to the opportunity to connect.

Working together, on your behalf, to advance the cause of a resilient, sufficiently resourced, local public health system in Ontario is a resolute team of the alPHa Board of Directors, its Executive Committee, and under the leadership of Loretta Ryan, Chief Executive Officer, the alPHa staff.

Best regards,

Trudy Sachowski
Chair, alPHa Board of Directors

alPHa remembers Dr. Malcolm Lock



alPHa Chair, Trudy Sachowski, has written a letter expressing sincere condolences following the unexpected passing of Dr. Malcolm Lock. alPHa joins in the celebration and memory of his considerable contributions to local public health during his two decades of leadership in the Brant County, Haldimand Norfolk, and Grand-Erie public health units. He continuously demonstrated his dedication to the wellbeing of all residents of those communities, not least with his ongoing willingness to go where he was needed, when he was needed, even after his formal retirement more than five years ago. We also celebrate the fact that the impact of his contributions was felt well beyond the confines of the local public health agencies he chose to serve. His public health physician colleagues in the neighbouring health units in our Central West region have spoken highly of that same dedication, as well as his valuable expertise and wisdom, which helped them support the wellbeing of residents in their own communities. To read more, please click [here](#).

2025 alPHa Conference and Annual General Meeting

alPHA AGM and Conference
June 18th to 20th 2025
Save the Date!



We hope you are excited about the upcoming alPHA AGM and Conference. This is being held **in-person, June 18-20, 2025, at the Pantages Hotel in Toronto**. alPHA has secured hotel rooms at a discounted rate at the venue. The link you need to use to book your accommodations was sent in an e-mail on February 14. Additionally, should you need the code, please e-mail communications@alphaweb.org. Please note, we are anticipating the rooms will go quickly. *The block quickly sold-out last year and Toronto is a popular destination. Members are encouraged to book as soon as possible.* Additionally, we are excited to announce that Toronto Public Health (TPH) will be the event's co-host! Thank you to TPH for supporting the 2025 Conference and AGM. alPHA would also like to thank [Vocalmeet](#) for being a Platinum Sponsor!

Earlier this month, the **AGM Pre-Notice and Package were released**. These **important documents for the alPHA Membership** are available on the conference webpage, that can be found [here](#). Please note, direct links are below. Registration for the event will launch in mid-April. Additionally, other information, such as the conference program, will be available at that time.

- [2025 AGM & Conference Notice and Calls Package](#)
- [Pre-Notice for the 2025 alPHA Annual General Meeting](#)
- [Call for 2025 alPHA Resolutions](#)
- [Call for 2025 alPHA Distinguished Service Awards](#)

- [Call for Board of Health Nominations](#)
- [Conference Sponsorship Package](#) and [Sponsorship Commitment Form](#)
(If you know of a potential sponsor that alPHa should reach out to, please e-mail loretta@alphaweb.org. Members' suggestions are always greatly appreciated!)

Important: New for this year – BOH Section online elections! An election to determine the representatives will be held at the alPHa BOH Section Zoom meeting on Tuesday, May 6 at 2:00 p.m. EDT for the sole purpose of electing regional representatives. All candidates must be in attendance and be prepared to give a two-minute speech to the attendees. All alPHa Board of Health Section Members who wish to participate and vote, including candidates, must pre-register by Friday, April 18 at 4:30 p.m. EDT.

alPHa will reach out at a later date to the public health units for a list of Members who plan to attend the meeting. This is a similar process to previous years in that an EA/AA will send in the list to alPHa on behalf of their Board of Health to communications@alphaweb.org. Members do not individually register.

Please contact Loretta Ryan, Chief Executive Officer, alPHa at loretta@alphaweb.org, if you have any questions.





alPHa Winter Symposium Resources from the Esri Canada Workshop are now available!



Thank you again to all of the alPHa Members who attended this year's Winter Symposium. We were glad to see so many of you engaged in discussions and dialogue on key public health issues. Presentations from this year's Winter Symposium are available [here](#), which includes the ones from the Esri Canada workshop (other resources were posted last month and can be found there). Please note, you will need to log in to the members' side of the website to view the presentations.

GenWell Resources and GenWell Weekend

Join us this GenWell Weekend May 2 - 4

A catalytic weekend that encourages people to connect with family, friends, neighbours, classmates, and colleagues at times when people benefit most from these connections.

The Issue

Research shows that **social isolation, disconnection, and loneliness** are linked to more serious mental and physical health issues, as well as a lower quality of life.

While Canadians have learned a lot about the importance of eating well, staying active, and caring for mental health, many are less aware of how crucial social connection is for maintaining both mental and physical well-being.

Some of the negative health impacts of loneliness include:

52% of Canadians reported being lonely on a weekly basis.
*2013 Canadian Social Connection Survey

The Solution

Engaging in social interactions and forming meaningful relationships can significantly enhance your well-being.

Some of the physical & mental benefits can include:

- Single greatest contributor to happiness
- Reduces anxiety and depression
- Strengthens the immune system
- Strengthens self-confidence
- Builds resilience
- Greatest preventative action to avoid depression

What Are We Asking?

Twice a year, GenWell is asking Canadians to be part of the solution to building a more connected Canada where everyone has the opportunity to thrive.

On Fridays, We want to inspire classmates or co-workers to get connected. On Saturday and Sunday, we want people to take that message home with them and connect with family, friends, neighbours and community.

LEARN MORE
www.GenWellWeekend.org

Proud health partners:

GenWell Weekend is a GenWell, Human Connection Movement campaign

Our mission is to educate, empower and catalyze people in Canada about the importance of face-to-face social connections as a proactive step that we can all take for our own health and happiness and the health and happiness of others.

Learn more at: www.genwell.ca

GenWell was honoured to share their message and mission with alPHA members, delivering both a workshop for executive and administrative assistants and a keynote for regional leaders. They appreciated the opportunity to connect with public health professionals dedicated to improving the well-being of their communities. GenWell is excited about the opportunity to collaborate with public health agencies across Ontario and Canada to educate, empower, and catalyze action around social health—highlighting its profound impact on mental, physical, and societal well-being.

As a follow-up to their recent sessions with alPHA, GenWell (a registered Canadian NFP) is offering a 50 per cent discount to other public health offices interested in their GenWell Social Health Workshops. Through Purpose Pricing, Members can book a session for only \$2,500, with workshops ranging from 60 to 120 minutes. GenWell would be happy to discuss your unique needs and how they can support your team.

For more information, or to book a workshop, please contact Jennifer@GenWellProject.org.

In May, GenWell is encouraging everyone to take the weekend of May 2-4 to connect with family, friends, neighbours, classmates, and colleagues. They do this so that Canadians can be part of the solution to building a more connected Canada, where everyone has the opportunity to thrive. It works like this: On Friday, connect with co-workers and classmates and Saturday and Sunday, take the message home and connect with family, friends, neighbours, and your community. To learn more, click [here](#).

Public Health Agency of Canada: Advancing early TB detection & care: Public health & clinical insights webinar



Public Health
Agency of Canada

Agence de la santé
publique du Canada

On Tuesday, March 18, from 1 p.m. to 2 p.m. Eastern Time, the Public Health Agency of Canada is commemorating World Tuberculosis (TB) Day via webinar. This event will give attendees an “opportunity to learn about the latest public health approaches to screening and detecting TB disease and infection at the community-level and gain a better understanding of the clinical diagnosis, treatment, and management of TB infection.” **Please note, you must register in advance in order to attend. To do so, please click [here](#).**

TOPHC 2025



TOPHC

The Ontario Public Health Convention

TOPHC is hosting a two-day convention that will include one day of virtual presentations and interactive activities and a second day of in-person workshops and networking.

Important dates

- March 26: In-person Convention

- April 2: Virtual Convention

This year's theme is: Insight to Impact: Leveraging evidence & collective expertise to advance public health practice.

TOPHC brings together a multi-disciplinary community of public health professionals to prevent illness and improve health, by sharing the latest research and information, promoting best practices, and advancing evidence-based public health initiatives and policies. This is a unique opportunity to build and refine practical skills, learn best practices, keep up with new and emerging developments in the field, and network with peers across Ontario. To learn more, click [here](#).

Get ready for 2025 alPHa Workplace Health and Wellness Month!

2025 alPHa Workplace Health and Wellness Month



alPHa Members are encouraged to engage in activities that improve their physical and mental health for 30 minutes per day during the month of May. Anything goes — whatever moves you or inspires you!

We want to hear about your activities! Post on X (formerly Twitter), tag **@PHAgencies**, and use the hashtags **#PublicHealthLeaders** and **#alPHa2025**. We'll profile your pictures at this year's Conference!

Any physical or mental health-related activities are encouraged during the month of May.

New this year!: Participants will be entered into a draw for a gift card!

We can't wait to see how you move!

alPHa
Association of Local
PUBLIC HEALTH
Agencies

Yes, it's that time of year when you need to plan your physical, mental, and social activities for alPHA's Workplace Health and Wellness Month, which is happening in May! To view this year's Workplace Health & Wellness Month poster, please click [here](#).

Head to the website to [read alPHA's infographics](#) to help you improve your health and wellness. Please note, we have substantially added to these resources over the past year and want to thank everyone for their feedback.

New for this year! Participants in Workplace Health and Wellness Month will be entered into a draw for a gift card!

Boards of Health: Shared Resources



A resource [page](#) is available on alPHA's website for Board of Health members to facilitate the sharing of and access to information, orientation materials, best practices, case studies, by-laws, Resolutions, and other resources. **In particular, alPHA is seeking resources to share regarding the province's Strengthening Public Health Initiative, including but not limited to, voluntary mergers and the need for long-term funding for local public health.** If you have a best practice, by-law or any other resource that you would like to make available via the newsletter and/or the website, please send a file or a link with a brief description to gordon@alphaweb.org and for posting in the appropriate library.

Resources available on the aPHa website include:

- [Orientation Manual for Boards of Health](#) (Revised Jan. 2024)
- [Review of Board of Health Liability, 2018](#), ([PowerPoint presentation, Feb. 24, 2023](#))
- [Legal Matters: Updates for Boards of Health](#) (Video, June 8, 2021)
- [Obligations of a Board of Health under the Municipal Act, 2001](#) (Revised 2021)
- [Governance Toolkit](#) (Revised 2022)
- [Risk Management for Health Units](#)
- [Healthy Rural Communities Toolkit](#)
- [The Canadian Centre on Substance Use and Addiction](#)
- [The Ontario Public Health Standards](#)
- [Public Appointee Role and Governance Overview](#) (for Provincial Appointees to BOH)
- [Ontario Boards of Health by Region](#)
- [List of Units sorted by Municipality](#)
- [List of Municipalities sorted by Health Unit](#)
- [Map: Boards of Health Types](#)
- [NCCHPP Report: Profile of Ontario's Public Health System](#) (2021)
- [The Municipal Role of Public Health\(2022 U of T Report\)](#)
- [Boards of Health and Ontario Not-for-Profit Corporations Act](#)

Calling all Ontario Boards of Health: Level up your expertise with our training courses designed just for you!



Don't miss this unique opportunity to enhance your knowledge and strengthen local public health leadership in Ontario.

BOH Governance training course

Master public health governance and Ontario's Public Health Standards. You'll learn all about public health legislation, funding, accountability, roles, structures, and much more. Gain insights into leadership and services that drive excellence in your unit.

Social Determinants of Health training course

Explore the impact of Social Determinants of Health on public health and municipal governments. Understand the context, explore Maslow's Hierarchy of Needs, and examine various SDOH diagrams to better serve your communities.

Speakers are Monika Turner and Loretta Ryan.

Reserve your spot for in-person or virtual training now! Visit [our website](#) to learn more about the costs for Public Health Units (PHUs). Let's shape a healthier future together.

Affiliates update



The Ontario Association of Public Health Nursing Leaders

On February 12, 2025, Nicole Welch stepped down as OPHNL President and Joanne Figliano-Scott assumed the role of OPHNL President and OPHNL Affiliate representative to alPHA's Board of Directors. Joanne was previously in the position of OPHNL President-Elect and brings 20+ years with Toronto Public Health where she is currently the Chief Nursing Officer and Director of Community Health and Well-being. A special meeting will be held on March 20, 2025 to elect a new OPHNL President-Elect. In this period of leadership transition, OPHNL's priority continues to be advancing the work of the 2024-2027 OPHNL Strategic Plan.

alPHA Correspondence



Through policy analysis, collaboration, and advocacy, alPHA's Members and staff act to promote public health policies that form a strong foundation for the improvement of health promotion and protection, disease prevention, and surveillance services in all of Ontario's communities. A complete online library of submissions is available [here](#). These documents are publicly available and can be shared widely.

- [alPHA Letter - AMO, Underhousing & Homelessness](#)

Ontario Public Health Directory: March 2025 update



The [Ontario Public Health Directory](#) has been updated and is available on the alPHA website. Please ensure you have the latest version, which has been dated as of **March 10, 2025**. To view the file, log into the alPHA website.

Please note, we will be updating the directory again soon with regards to the recently announced mergers.

Upcoming DLSPH Events and Webinars

Dalla Lana

School of Public Health

- [2S/LGBTQ+ Health Hub Lecture - Cancer Person](#) (Mar. 18)
- [Building Public Trust in Health Through Culturally-Aligned](#) (Mar. 19)
- [G7 Cancer: Pathways to Precision Cancer Prevention](#) (Mar. 20)
- [The Early Ethics of Planetary Health](#) (Apr. 2)
- [META:PHI Virtual Conference 2025](#) (Apr. 4-5)

- [Health Inc Seminar Series: Convenience does not equate to necessity](#) (Apr. 10)
-

BrokerLink Insurance



Please note, alPHA's partnership with Aviva is no longer in place. All Members who are with Aviva are encouraged to explore insurance with BrokerLink.

As an alPHA member, you qualify for preferred rates on your personal home and auto insurance. Through this group insurance program, alPHA members will benefit from competitive rates and customized insurance solutions to fit your needs.



In partnership with alPHA, [BrokerLink](#) is proud to offer preferred home and auto insurance rates for members, [get a quote today](#). Knowing what home insurance does and does not cover you for is important, especially when it comes to major risks like water damage. Learn about home insurance coverage and water damage [here](#).



BrokerLink's 2025 Grand Group Giveaway!

Get a quote on home or auto insurance with BrokerLink, and you could win 1 of 4 cash prizes of \$5,000. Don't miss your chance to save on insurance and win some cash in the Grand Group Giveaway!

Rest Assured, BrokerLink Has You Covered*

Call 1.833.998.3798, or visit BrokerLink.ca/alpha-group

alpha's mailing address

Please note our mailing address is:
PO Box 73510, RPO Wychwood
Toronto, ON M6C 4A7

For further information, please contact info@alphaweb.org.

News Releases

The most up to date news releases from the Government of Ontario can be accessed [here](#).

Convening the leadership of local public health agencies to:



Be the unified voice
and a trusted
advisor on public
health



Advance the work of
local public health
through strategic
partnerships and
collaborations



Support the
sustainability of
Ontario's local public
health system



Deliver member
services to local
public health
leaders



alPHA's Mission: Serving Ontario's local public health agencies for a strong public health system



From: allhealthunits
To: AllHealthUnits@lists.alphaweb.org
Subject: [allhealthunits] 2025 BOH Section Elections Meeting Information
Date: March 18, 2025 4:07:43 PM
Attachments: [image001.jpg](#)

**PLEASE ROUTE TO:
ALL BOARD OF HEALTH MEMBERS**

Hello,

Board of Health (BOH) Section Members who are in good standing are invited to attend a meeting that is taking place via Zoom on May 6, 2025 at 2:00 p.m. EDT for the sole purpose of electing Boards of Health Regional Representatives for the alPHa Board of Directors from the following regions:

1. North East (2-year term [June 2025 to June 2027])
2. Central East (2-year term [June 2025 to June 2027])
3. North West (2-year term [June 2025 to June 2027])
4. Central West (1-year term [June 2025 to June 2026]) – Mid-term replacement due to vacancy

As local leaders in public health, the alPHa BOH Section is committed to representing the Boards of Health as Members of alPHa to improve the health of Ontarians and strengthening Ontario's public health system. alPHa's BOH Section achieves this through alPHa's leadership and coordination in collaboration with the provincial government and other organizations, and through evidence-informed policy positions on public health policy. The package for the Annual General Meeting (AGM) was recently sent out to the membership and the information in it regarding the BOH nominations can be found [here](#).

All BOH Members who wish to vote must be in attendance at the May 6 meeting. Voting will be done using the Zoom platform's polling feature. It is easy to use and the process for how you will cast your ballot will be explained in the meeting. So, whether you are new to voting via Zoom or have used it in the past, you will be supported on-line and able to vote.

Attendees are entitled to vote for all Regional Representatives, not just for your own Region. Each BOH Member may appoint a proxyholder to vote on their behalf. The proxy is valid only for this specific meeting. No individual may hold or exercise more than one proxy. If you are assigned a proxy vote, you must have access to two devices (e.g. phones, laptops and/or tablets) and log in using two different email addresses for the meeting. This is necessary as the Zoom platform polling feature does not allow for individuals to cast two ballots with one email address.

Please note, you will not individually register for the elections meeting, and we will be in touch with your EA - Kathleen Thompson to manage this process.

If you are interested in participating in the election process, please contact Kathleen Thompson at kathleen.thompson@kflaph.ca or 613-549-1232 ext. 1147 before April 17.

If you have any questions, please email Loretta Ryan, Chief Executive Officer at:
loretta@alphaweb.org.

Sincerely,

Melanie Dziengo, Communications Coordinator

www.alphaweb.org